



# Information for Pre-Health Students

UC San Diego | Seventh College Academic Advising

858-246-4910 | [seventh.ucsd.edu](https://seventh.ucsd.edu)

## General Information

Pre-health students are planning for careers in medicine, dentistry, pharmacy, physician assistant, optometry, physical/occupational therapy, veterinary medicine, public health, and nursing. Pre-health students can study any major (STEM or non-STEM) as long as they complete professional school prerequisites. Admission is determined by many factors; it is important to balance academic excellence with clinical, research, service, and leadership experiences.

## Quarter by Quarter Planning

Pre-health students are encouraged to plan their coursework as early as possible to ensure timely graduation and completion of major, GE, and university requirements—along with professional school prerequisites. All students can develop a personalized quarter by quarter plan using the [Academic Planning Worksheet](#).

After meeting with a [department/program advisor](#) to add required major coursework, pre-health students can add professional school prerequisites to their plan (see [Pre-requisite Comparison Chart for the Health Professions](#)). Most health professional schools accept AP credit; check each medical school's website to review specific prerequisites. Do not enroll in courses for which you will receive AP credit as no units will be earned.

The last step is for students to finalize their plan with a Seventh College Academic Advisor. Students can schedule a long-term planning appointment via "Ask A Question" on the [Virtual Advising Center](#) after successful completion of at least one quarter.

## Health Beat at the Career Center | [healthbeat.ucsd.edu](https://healthbeat.ucsd.edu)

Explore health professions and prepare for the application process through participation in events, workshops, and pre-health advising. [Register as Pre-Health/Pre-Med](#) to receive important email updates.

## Other Helpful Resources

### [Health and Medical Professions Preparation Program \(HMP3\)](#)

Connect with other pre-health students at UC San Diego who can support your health professional goals.

### [Pre-Med/Pre-Health Experiential Opportunities Guidebook](#)

Engage in enriching experiences designed to expand your mind and increase your qualifications for entry into the health professions.

### [Handshake](#)

Find off-campus jobs, internships, volunteer opportunities, and on-campus jobs (including work study).

### [Center for Student Involvement](#)

Discover various ways you can get involved on campus.

### [Undergraduate Research Hub](#)

Obtain valuable research-oriented academic or professional experience.

### [Co-Curricular Record](#)

Highlight your achievements in opportunities beyond the classroom on an official record.

### [Research Experience and Applied Learning \(REAL\) Portal](#)

Apply your classroom knowledge in real-world settings.

### [Academic Internship Program](#)

Complete internships for upper-division credit.