



# Major Exploration Guide

UC San Diego | Seventh College Academic Advising

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## I don't know which major to choose.

Review [Undergraduate Majors](#) and [Alternatives to Selective Majors](#) available at UC San Diego.

Use [Academic Plans](#) to compare major coursework.

Read about majors, requirements, and course descriptions in the [UC San Diego General Catalog](#).

Sit in on interesting courses required by prospective majors - refer to the [Schedule of Classes](#) for locations and times.

Meet with Seventh College Academic Advising to discuss your interest in possible majors (request an appointment using the Ask a Question feature on the [Virtual Advising Center](#)).

## I chose a major. What's next?

Use the [Major and Minor tool](#) on TritonLink to declare a non-selective major. If you've chosen a selective major, meet with the [department/program advisor](#) for more information about the application process.

Learn more about educational opportunities related to your major, including:

- Courses and professors of interest
- Instructional assistant (IA) positions
- Directed Group Study (198) and Independent Study (199)
- Departmental Honors Program (if offered)

Use the [Academic Planning Worksheet](#) to create a personalized quarter by quarter plan.

- First, meet with your major advisor to add major requirements.
- Then, meet with your college advisor to add general education and university requirements.

## Does my major suit my career goals?

Browse [What Can I Do With This Major?](#) to find information on common career paths, types of employers that hire in the field, and strategies to maximize opportunities.

Visit the Career Center at UC San Diego to [explore academic interests](#) and [make an appointment](#) with a Career Advisor for guidance and planning unique to your major.

Explore experiential learning opportunities, such as [Study Abroad](#).

Apply for [Internship Opportunities](#) to test out possible careers:

- [Academic Internship Program](#)
- [REAL Portal](#) (Research Experience & Applied Learning)