



# Major Exploration Guide

UC San Diego | Seventh College Academic Advising

858-246-4910 | [seventh.ucsd.edu](https://seventh.ucsd.edu)

## Major Exploration

Review [Undergraduate Majors](#) available at UCSD

Use [Academic Plans](#) to compare majors

Read about majors, requirements, and course descriptions in the [UC San Diego General Catalog](#)

Sit in on interesting courses required by prospective majors - refer to the [Schedule of Classes](#) for locations and times

Meet with Seventh College Academic Advising to discuss your interest in possible majors (request an appointment using the "Ask A Question" feature on the [Virtual Advising Center](#))

Consult [Major Advisors](#) and faculty to learn more about your majors of interest

## Career Exploration

Visit the [Career Center](#), attend [Events and Virtual Workshops](#), and meet with [Career Advisors](#)

Apply for [Internship Opportunities](#) to test out possible careers:

- [Academic Internship Program](#)
- [REAL Portal](#) (Research Experience & Applied Learning)

Apply for jobs via [Handshake](#)

## Clarification and Next Steps

Use the [Degree Planner](#) to create a personalized academic plan

- First meet with your major advisor to add Major requirements
- Then meet with your college advisor to add General Education and University requirements

Discuss educational opportunities with your College Academic Advisor

- Summer School
- Study Abroad Programs
- Internships

Discuss educational opportunities with your Major Advisor

- Courses and professors of interest
- Graduate/Professional School
- Teaching assistant (TA) positions
- Labs and Independent Study Research (199s)
- Departmental Honors Program (if offered)