



# Major Exploration Guide

UC San Diego | Seventh College Academic Advising

858-246-4910 | [seventh.ucsd.edu](https://seventh.ucsd.edu)

## I chose a major, but changed my mind. What should I do?

If you are a continuing student, you can change your major any time via the [Major and Minor tool](#).

If you are a new student, you will be able to change your major via the [Major and Minor tool](#) once you have enrolled in Fall Quarter courses.

If you are interested in a [selective major](#) outside of your current department/program, you will be redirected to the [Selective Majors Application](#).

## I don't know which major to choose. What should I do?

If you are Undeclared, you must declare a major before you complete 90 units.

Review UC San Diego's [Undergraduate Majors](#), [Selective Majors](#), and [Alternatives to Selective Majors](#).

Read about majors, requirements, and course descriptions in the [UC San Diego General Catalog](#).

Use [Academic Plans](#) to compare major coursework.

Sit in on interesting courses required by prospective majors - refer to the [Schedule of Classes](#) for locations and times.

Meet with Seventh College Academic Advising to discuss your interest in possible majors (request an appointment using the [Ask a Question](#) feature on the [Virtual Advising Center](#)).

## I declared a new major, What's next?

Learn more about educational opportunities related to your new major, including:

- Courses and professors of interest
- Instructional assistant (IA) positions
- Directed Group Study (198) and Independent Study (199)
- Departmental Honors Program (if offered)

Use the [Academic Planning Worksheet](#) to create a personalized quarter by quarter plan.

- First, meet with your major advisor to add major requirements.
- Then, meet with your college advisor to add general education and university requirements.

## Does my major suit my career goals?

Browse [What Can I Do With This Major?](#) to find information on common career paths, types of employers that hire in the field, and strategies to maximize opportunities.

Visit the Career Center at UC San Diego to [explore academic interests](#) and [make an appointment](#) with a Career Advisor.

Explore experiential learning opportunities, such as [Study Abroad](#).

Apply for [Internship Opportunities](#) to test out possible careers:

- [Academic Internship Program](#)
- [REAL Portal](#) (Research Experience & Applied Learning)