



Information for Pre-Health Students

UC San Diego | Seventh College Academic Advising

seventh.ucsd.edu

General Information

Pre-health students are planning for careers in medicine, dentistry, pharmacy, physician assistant, optometry, physical/occupational therapy, veterinary medicine, public health, and nursing. Pre-health students can study any major (STEM or non-STEM) as long as they complete professional school prerequisites. Admission is determined by many factors; it is important to balance academic excellence with clinical, research, service, and leadership experiences.

Quarter by Quarter Planning

Pre-health students are encouraged to plan their coursework as early as possible to ensure timely completion of degree requirements and professional school prerequisites. All students can develop a personalized quarter by quarter plan using the [Academic Planning Worksheet](#).

After meeting with a [department/program advisor](#) to add required major coursework, pre-health students can add professional school prerequisites to their plan (see [Pre-requisite Comparison Chart for the Health Professions](#)). Note: most health professional schools accept AP credit; check each institution's website to review specific prerequisites. Do not enroll in courses for which you have earned AP credit as no additional units will be earned.

The last step is for students to finalize their plan with a Seventh College Academic Advisor. Students can schedule a quarter by quarter planning appointment via Ask A Question on the [Virtual Advising Center](#) after successful completion of at least one quarter.

Pre-Health Advising and Support | prehealth.ucsd.edu

Explore health professions and prepare for the application process through participation in events, workshops, and pre-health advising.

Other Helpful Resources

[Center for Student Involvement](#)

Become an experienced citizen and leader through engagement in Student Organizations, Sorority & Fraternity Life, Communication and Leadership programs, and Community Service initiatives.

[Handshake](#)

Find off-campus jobs, internships, volunteer opportunities, and on-campus jobs (including work study).

[Health and Medical Professions Preparation Program](#)

This organization provides undergraduates with enriching experiences that will enhance their preparation for admission into professional school in the health professions.

[Pre-Med/Pre-Health Experiential Opportunities Guidebook](#)

Engage in enriching experiences designed to expand your mind and increase your qualifications for entry into the health professions.

[Undergraduate Research Hub](#)

Obtain valuable research-oriented academic or professional experience.

[Research Experience and Applied Learning \(REAL\) Portal](#)

Including:

- [Co-Curricular Record \(CCR\)](#) - highlight your achievements in opportunities beyond the classroom on an official
- [Academic Internship Program \(AIP\)](#) - complete internships for upper-division credit